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OUR TEAM:

Janet Holmes
Director

Angela DaPonte
Assistant Director

Patty Lavoie
Office Assistant

Chris Perry
Bus Driver

Phil Ferreira
Manny Fontes
Maintenance

Michele Blanchette
Nancy Lambert
Dining Assistants



The Tiverton Senior Center

207 Canonicus Street
Tiverton, RI 02878
Telephone: 401-625-6790
Fax: 401-625-6793
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APRIL 2023



Nurse Terri Gomes from Visiting Nurse –Home & Hospice will be doing Free Blood Pressure Screenings on Thursday, April 20th from 10:00a.m. to 11:30 a.m. Please wear a mask.

CRAFT FAIR~ Saturday April 1st!!! This is NOT an April Fool's Joke!! Please Support Our Talented Knitters & Quilters by stopping by between 9 a.m. and 2 p.m.~ Proceeds will go to Star Kids Scholarship Program

Thursday, April 6th at 10:15 a.m.: ART for Your Mind

April's featured topic: ***Social Realism of America's 1930s***

Art For Your Mind is an engaging, educational, art observation experience designed to broaden the minds of its participants. Programs are for people of all backgrounds – artists and non-artists alike. The featured topic, ***Social Realism of America's 1930s***, explores the daring visual critiques of American society around the time of the Great Depression and WWII. This selection of powerful images portrays America's harsh realities in thought-provoking ways. Join local art historian Jill Sanford for an enjoyable hour of challenging yourself to see in new ways!



FREE SPECIAL EVENT: Drum Circle in the hands of a master: Sidy Maiga ~ Friday, April 21 @ 1p.m.

In the hands of a master, a drum comes alive. It sings, laughs, whispers, and electrifies its audience. For more than 25 years, Sidy has shared the wonder of drumming with students and audiences around the world. **Come Enjoy the fun, energetic, mood-boost of the Drum Circle! Suitable for all ages & abilities!**

ACTIVITIES AT A GLANCE

TOPS – Monday at 9:00 a.m. in Game Room

Exercise with Deb—Mondays & Wednesdays 9 a.m. and Fridays at 10:00 a.m. \$3

Quilting for Charity meets every Monday at 10:00-3:00 p.m.

Pitch League- Hi, Lo, Jack meets Mondays at 12:30 p.m.

Chair Yoga with Shirley—Tuesday's at 9 a.m. Class fee is \$3.00 per class.

Drums with Jessica-Tuesdays at 1:00 p.m. Class fee is \$3 per class.

Book Club Tuesday, April 18th at 10:15 a.m. *Lucy Foley's The Guest List*

Mahjongg– Tuesdays and Fridays, beginning 11:00 a.m.

Wednesdays: 12-3 Live Music; 12:30 Cribbage & Chorus/Lounge

Balance Class with Jess-Thursdays at 9:00 a.m. Class fee is \$3 for members

Art For Your Mind-Thursday, April 6th at 10:15 a.m. *SOCIAL REALISM*

Center Meeting will be held on Thursday April 27th at 10 a.m.

FREE Wellness Check with Nurse Terry-Thursday, April 20th 10:00-11:30 a.m.

BINGO-Thursdays!!! Starts at 1:00 PM Sharp! April 6,13,20,27

Knitters for Charity-Thursdays at 1:00 p.m.

Zumba with Jessica—Fridays at 8:45 a.m. Fee is \$3.00 per class

Game Day– Fridays 12:00-3:00 p.m.

Learn Mah Jongg-beginning April 11th; limited to four; sign up in office-no walk-ins; need 2023 card

Welcome New Bus Driver Chis Perry!



Tuesdays, Wednesdays & Thursdays

GAME DAY~

Fridays 12-3 p.m.



MARK RUDD'S
COMPUTER
SOFTWARE
EXPO
WED, APRIL
12TH AT 10AM

CARE GIVER SUPPORT GROUP

Alzheimer's and Care Giver Support Group will meet in the Lounge on
Mondays April 10th and 24th from 2:30 to 3:45p.m.:

Janet Grapentine facilitates this group.

New care givers are welcome.



KARAOKE~ Join Rick Arruda and the Very Brave
for an afternoon of singing, socializing & dancing~
Monday, April 24th from 1– 3 p.m.

FUN for Everyone!!

**BINGO 1:00 PM
SHARP!**

Thursdays!

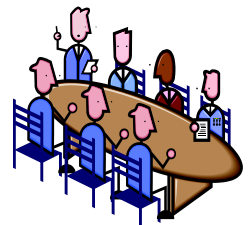
APRIL 6, 13, 20 , 27



CENTER MEETING –THURSDAY, April 27th at 10:00 A.M.

The purpose of this meeting is to discuss our financial status, the condition of the building and grounds, fund raising, activities, special events, and classes or activities that you would like to see at the Center.

The Senior Center needs **YOU** to keep it moving along with fresh, new ideas and new members who actively participate. We need to keep our Center membership and our meal-site participant numbers growing.. The success of our Senior Center depends upon everyone's involvement. Please join us at our monthly meeting & lend your support and ideas.



Chris Perry is our new bus driver. Chris will be providing bus service for Tiverton seniors on Tuesdays, Wednesdays and Thursdays. (Later start on Thursdays for folks to attend BINGO). Please call 401-625-6790 to reserve your spot. Bus trips are not individualized. Shopping Bags are limited to four bags per person.

BOOK GROUP We will meet on **Tuesday, April 18th at 10:15 a.m.**
April's selection is, the mysterious **"The Guest List" by Lucy Foley.**
 If you are interested in joining us, please feel free to attend on the above date at the Senior Center. New members are welcome at any time.
 Suggestions on authors and books are gladly accepted.



URI Pharmaceutical Outreach Program: Thursday

April 13th at 10 a.m: GOUT

Need to dispel the myths from the facts of gout? This presentation will demystify and educate you with the facts of this highly misunderstood disease.

COMPUTER SOFTWARE EXPO with Mark Rudd

Mark Rudd is running a Computer Software Expo, showcasing software packages such as Applications and Operating Systems. This Expo is from **10 a.m. to 11:30 a.m.** on **Wed, April 12th**. Since software is more abstract than hardware, reference folders will be offered for \$1 each. **Call 625-6790** to reserve your seat.



Come share your talent every Wednesday afternoon between 12 noon and 3 p.m.!
Live Band!! Come and Jam with the band!!



APRIL 2023!!

Janice Warren	01
Rob Berube	03
Harold Cole	05
Rose Marie Teixeira	06
John Edwards	07
Richard Wordell	08
Debra Gagnon	11
Loren Bryan	12
Linda Sens	12
Kim Grandmaison	12
Joyce Freitas	14
Pauline Viveiros	14
Jean St. Pierre	15
Ana Roias	15
Robert Smith	15
Patricia Martin	16
Roger Michel	17
Constance Cabral	18
Al Weiman	18

Nancy Carignan	19
Ernest Mercier	20
Donald Raposa	20
Joseph Runner	22
Joan Dennis	23
Craig Henderson	24
Ron Manchester	24
Patricia Medeiros	25
Mary Bender	26
Kathleen Macedo	26

Happy Birthday

Session Two with Artist Shawndavid Berry will begin on **Tuesday, April 25th**

Only \$20 for this four week series: **Introduction to Oils, Watercolors and Acrylics**

Explore the Artist Within!!
 Grandma Moses did not start painting until she was **77** years young!!!!

